

# Does Fat Keep You Warm?



## Investigate

Does fat keep you warm?

## Predict

Yes ☐

No ☐

## Experiment

Draw the steps.

- 1 Place a clean finger into a bowl of iced water.
- 2 Cover one finger with fat.
- 3 Put the finger with fat on it into the bowl of iced water.

## Result

The finger \_\_\_\_\_ (with / without) fat was protected from the cold. It was kept warm.



Many sea mammals use blubber to keep them warm. Our bodies have a layer of fat to help us to stay warm too.